

## Axeman Crowther

So the years starts with a really buoyant me, yes more than usual, planning to be fit fast and good at brit and english champs. First off the Short irish Donard. I pester the committee with my presence on a monday night at the staff of life to get my seven penneth over and I persuaded them we needed a vet 40 team and some of them, me included, could not always afford the whole expense of 160 to get to ireland and back and run a 5 mile race. This successfully done I got the place sorted and then realised with my groundbreaking plans for house improvement (new back yard and dry stone wall) this would have to fall by the wayside as would my habit of picking up top ten places at mountain marathons, - often behind Phil. Thus MM's are cut to two, RAB and OMM no additions. I reluctantly don't enter, and focus on the English, only to find the systems for calculation how well you do are more favorable to a 41 year old like me in the british... And the donard race turns out to be like a night orienteering event, which i am pretty good at. Bu@@@eration, I missed out. Race 2 Ennerdale - entered, got there all prepped with David Leslie driving me, Thanks DL, had a great race, came 37 Brit, over 40 40 Englishman over 40. Hurrah! Year Gaol achieved in a long event when i had been concentrating training on short fast stuff, oh well! It was benifitting me inthe English. So no great loss! Dollar, what with pressure on for the flipping back yard I failed to get up to scotland and only a few toddies did, Well done those who did, next year I'm getting round the families of runners I hope to encourage and writing dates in peoples family diaries - I think this is a new and innovative tactic to getting us a high brit vet 4 place - which we are VERY capable of doing! Thats Bronze or silver medals for all entering!!! Measgwyn Muddle: Odd a new race, not tested apparently made up of bits of established races form a new start point. Now if you ever check out a race online and find it has been moved 2 hours, then write it in your FRAQ book, Because when you turn up 10 mins after the start because (and I am cross here) the organiser changes the time for a BRITISH CHAMPIONSHIP by two hours well after (8 months) publishing the FRA guide... I shall leave that hanging. 6 of us did, at least. We jogged round and got a time any way - I wish they had told me I would have got a proper time as I would have run harder or lied about my time, I mean given them my race estimate... So I messed u[ badly at my attempt. Next year i'm going to all of them, on time and hope fully will make a part of the team that will win Todmorden Harriers some vet 40 british glory! Neb, Captain Caveman the Ian Hodgson and prospective Fell Captain 2015