

Todmorden Harriers Participation Form & Health Declaration

Name	Telephone Number

To make sure that everyone is safe during our Club activities, we are requiring all runners to undertake a health self-assessment before each Club activity. We are also gathering up-to-date telephone numbers for all participants so that we can pass contact details to the NHS Test and Trace initiative if requested.

Please complete this form, sign both declarations (electronic signature will suffice) and return it to membership@todharriers.co.uk. The form must be completed and returned before you attend a Club activity, but you only need to do this before your first activity. We will keep your details on file and we will complete a register of all participants at each activity.

It is your responsibility to ensure that:

1. You have familiarised yourself with the risk assessment for the activity on the Todmorden Harriers website and that you follow the measures set out in that document during any Club activity.
2. You have completed and returned this form before you attend any Club activity.
3. You have undertaken a health self-assessment (see below) before you attend **each** Club activity you take part in and that you have ensured that neither you, nor any member of your household has any symptoms of COVID-19. You must **not** attend any Club activity if you or any member of your household has any symptoms of COVID-19.
4. Your name is passed to the person who is taking the register at the activity.
5. You notify the Club Chairman immediately if you are become unwell after the activity (see below).
6. You maintain social distancing during all Club activity.
7. You maintain good hygiene practices during all Club activity (no clearing the nose or spitting etc).

Health Self-Assessment

Before setting off to attend a Club activity you must undertake a self-assessment for any COVID-19 symptoms. You should not leave home to participate in any activity if you, or someone you live with, has symptoms of COVID -19, currently recognised as any of the following:

- A high temperature
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

If you become unwell after participating in the activity and you are advised by a medical professional that you have signs of COVID-19 in the 2 weeks following attending any Club activity, you must inform the Club chairman immediately: chairman@todharriers.co.uk

General Data Protection Regulation

The information you provide on this form will be retained by Todmorden Harriers for as long as England Athletics requires Clubs to retain this information. The information is gathered for the purpose of passing it to the NHS Test and Trace initiative if requested. If you are a Club member, the information will also be used to update Club membership records and will be retained during the period of your membership. If you are not a member of Todmorden Harriers the information will be destroyed when England Athletics no longer require the Club to retain the information. The information will not be used for any other purpose.

I understand that I must follow the guidance contained in this form and in the relevant risk assessment document. I will undertake a self-assessment of my health before attending any Club activity and I will not attend any such activity if I, or any person in my household, has any symptom of COVID-19.

Signed:

Date:

I consent to Todmorden Harriers using the personal information which I have provided in this form in the manner described above.

Signed:

Date: