

# SUBS ARE DUE

Still at the same price of £12 for fell only and £17 if you wish to race on the roads.

Please give this to Claire Duffield  
You will be receiving a re-newal notice

## ILKLEY MOOR FELL RACE



I started the race quite well managing to get near to the front to avoid some of the barging that went on further back. I was doing well on the first big climb keeping up with Lauren past Cow and Calf Rocks.

I began to struggle a little as the race went up further towards the Pancake Stone and Lauren managed to get away from me. I had managed to get my breath back a little before the steep tricky descent down Backstone Beck where just when I thought I was going well I was overtaken at speed by Claire. I managed to keep with her on the downhill section but she was too strong for me on the climb back up the other side.



I didn't see any other Tod Harriers for a bit then Andrew Bibby appeared just behind me on the top of a short steep climb. We proceeded to swap places for about 5 -10 mins he was overtaking me on the uphill bits, I was overtaking on the downhill and flat sections. I managed to lose him on the big downhill section before the last climb and had saved enough to overtake about 10 runners over the last mile,

I even managed a sprint finish so quick Mandy couldn't take a photo. Finished in 156th place out of 400, 52mins 47 seconds, was well happy with my performance, getting some sort of fitness level going now.

Dan Taylor

## WANTED

### NEW RACE ORGANISER FOR THE HOT TODDY FOR 2010

Shadow Peter this year and learn the ropes with a view to taking over in 2010

Anyone interested let Mandy or Derek know