

REMAINING GP FIXTURES

Sun 29 Aug: Dentdale (FS) – Engl Champ

Sun Sep 6: Stainland 7 (RM) LOCAL!

Sat Sep 19: Good Shepherd (FL) LOCAL!

Sat Sep 26: Thieveley Pike (FS) LOCAL!

Sep 27th: Macclesfield ½ marathon

Sat Oct 10: Langdale (FL) – Engl Champ FULL

Sun Oct 25: Accy 10K (RS)

Sun Nov 1: Through the villages (RM)

Sun Nov 8: Lancaster Half M (RL)

Sat Nov 14: Dunnerdale (FS)

Sat 21 Nov: Tour of Pendle

Road Races

July and early August 2009

1 Tuesday 7th July (Same night as Stoodley Pike race!), **Rochdale 10k** 7.15pm. Start at Springfield Park.

It is possible to enter on the day.

2. Wed 8th July 7.30pm-Helena Windsor

10k. Start Greetland Sports and Social Club. A popular one with Toddlies, the race takes an undulating route along country roads and passes Norland moor. It is fine to enter on the night.

3. Sun 12th July- Eccup 10 mile road race

9.30am from Adel War Memorial Association

4. Thursday 16th July- Cuerden Valley

Badger 10k-This features in our Grand Prix, details elsewhere

in the Torrier.

5. Sat 25th July-Rombalds Romp Trail Race 8

miles 10am, start at Ilkley Moor, near White Wells.

Has anyone ever done this? It sounds worth doing?!

6. Sun 26th July Moonraker 10k, Bowlee near

Middleton, £7 to enter with £2 extra on the day.

7. Sunday 2nd August-Sale 10 9am. £8 and must

pre-enter. Start and finish at the Track, Wythenshawe Park, South Manchester.

8. Sunday 2nd August-Idle Trail race-10k dis-

tance, made up of towpaths, bridleway, tracks and a small amount on country road. Start 10.30am and again its necessary to pre-enter. I enjoyed this some years ago!!

For more information, please look at uk.results.net
Happy Racing Mel

FELL RACES JULY/AUG

WED. JUL 1. CRAGG VALE (R). BS. 7.30 p.m. 4m/800' from nr Cragg Vale church (GR SD999232). £4.

FRI. JUL 3. WHARFEDALE TTT (R). GP. A three day race series on Tarmac, Trail and Tussock.

SAT. JUL 4. OAKWORTH HAUL (R). BS. 3.00 p.m. 5m/650' from Oakworth Gala Field, Victoria Road, Oakworth, nr Keighley. £3.

TUE. JUL 7. STOODLEY PIKE (R). BS. 7.30 p.m. from the Top Brink Inn, Lumbutts, **TOD HARRIERS RACE**

TUE. JUL 14. WAUGH'S WELL (R). AS. 7.15 p.m. 4m/1000' from Quarry Road (GR 808186). £3.

WED. JUL 15. WIDDOP (R). BM. 7.15 p.m. 7m/1200' from the Pack Horse Inn ("The Ridge"), Widdop (GR 952316). £4

SAT. JUL 18. INGLEBOROUGH (R). AM. 3.00 p.m. 7m/2000' from the Community Centre Sports Field, Ingleton (GR 695731). £4.

SUN. JUL 19. OLDFIELD (R). CS. 11.30 a.m. 5.5m/550' from the Grouse Inn, Oldfield, nr Oakworth, Keighley (GR 011383 on OS 104). £4.

SAT. JUL 25. TURNSLACK (R). AM. 2.30 p.m. 8m/2000' from Calderbrook Playing Fields, nr Summit, Littleborough. £4.

SAT. AUG 1. HELLIFIELD GALA (R). BS. 3.15 p.m. 3.5m/850' from Hellifield Recreation Field (GR857567). £3.

TUE. AUG 4. CROW HILL REVERSE (R). BS. 7.30 p.m. 5m/1000' from Mytholmroyd Community Centre (GR011260). £3.50

WED. AUG 5. WHITTLE PIKE (R). AS. 7.30 p.m. 4.5m/1400' from Cowpe Village Hall, Waterfoot, Rossendale (GR837212). £3. **GP RACE**

TUE. AUG 11. STANHILL (R). BS. 7.15 p.m. 5m/800' from the Britannia Inn, Haslingden Old Road (B6232), Oswaldtwistle. £2.50 pre-entry before 18th. May, cheques payable to "Stanhill Fell Race" or £4 on night

WED. AUG 12. PILGRIMS CROSS (R). BM. 7.15 p.m. 6m/1100' from the White Horse, Holcombe Road, Helmshore (GR 781205). £3.

SUN. AUG 16. WORSTHORNE MOOR (R). BM. 11.00 a. m. 7m/900' from Gorple Road, Worsthorne, nr Burnley (GR 878324). £5.

WED. AUG 19. GOLF BALL (R). BS. 7.00 p.m. 5.5m/800' from the Glory pub, Crawshaw Booth, Rossendale. £3.

SAT. AUG 22. BURNSALL CLASSIC (R). AS. 5.00 p.m. 1.5m/900' from Burnsall, N. Yorks. £5 pre-entry only to organiser by 15th August.

SAT. AUG 22. CHIPPING SHOW (R). AM. 2.30 p.m. 8m/2000' from Chipping Show Field (GR 622428). Pay Show Ground fee - race free.

SAT. AUG 22. DARWEN GALA (R). AS. 2.30 p.m. 3.7m/930' from Bold Venture Park, Darwen (GR 689219). £3.50 pre-entry, forms to "Gala Entries, 5 Punstock Road, Darwen, BB3 2SY" or on day.

SAT. AUG 29. PENDLETON (R). AS. 2.00 p.m. 5m/1500' from Pendleton, near Clitheroe (GR 755396). £3.50