

LOCAL RACES

Road Races

Sunday 25th January-Meltham 10k at 9.30am.I have never done this but hear it is well organised and undulating!!£7 to enter and no extra on the day.

Sunday 1st Feb(clashes with the relay!!)Dewsbury 10k.

Sunday 15th Feb-Liversedge 1/2 marathon-The road championship's first race!!! would be lying if I said it was not tough,hilly and usually horrid weather.However,its very satisfying ,like most races,when you have finished, but so you do save yourself for the steep climb back up to the finish!!

Radcliffe AC 12 mile trail run-pleasant but flattish,previously in the G.P

More information on uk.results.net Mel

Fell Races

SUN.JAN 18. WHITE HOLME CIRCULAR (R). CL. 10.30 a.m. 12m/1200' from the Summit Inn on A6033, Todmorden Road, Summit, nr Littleborough (GR 946188 on OS 21). £5. Website: ogden-water.freeserve.co.uk

SAT.FEB 7. WADSWORTH HALF TROG (R). BM. 10.00 a.m. 9m/1500' from the Old Town Cricket Club,

SAT.FEB 7. WADSWORTH TROG (R). BL. 10.10 a.m. 20m/4000" from the Old Town Cricket Club, Hebden Bridge (GR 998285). £6 pre-entry only by 31st Jan. on official form, available from entries website or with SAE, cheques payable to "CVFR".

Welcome to new members

Jo Stansfield
Scott Lapish
Darren Tweed
Rachel Kenney
Karen Gray
Emma Osenton



News from Calder Valley Fell runners

CVFR are having our annual do on 24th January at the MCC, and anyone from Tod harriers would be more than welcome if you fancy it. We're having a buffet and a ceilidh band, with a bar to midnight. There will be the presentation of club championship trophies as well. Jo Waites and Thirza are selling tickets for £15 each.

And we'll be having another ceilidh do on the Saturday of the Midsummer Madness races (June 20th), again in the MCC, and all runners are welcome. It will probably only be £5 or so, since the club will sponsor most of the cost and there won't be any food. It would be great if any of your