

HOLMFIRTH HARRIERS AC

Present the 38th running of the

HOLMFIRTH '15'

Under UKA rules : North of England AA permit no. 05/7328

Incorporating the Yorkshire County (Male and Female) and Yorkshire Veterans AA 15 mile Championship

On SUNDAY, OCTOBER 30th 2005 at 10.30 a.m.

HOLMFIRTH HIGH SCHOOL, HEYS ROAD, THONGSBRIDGE, HOLMFIRTH
SPONSORED BY

WELDING SERVICES TO INDUSTRY DEWSBURY (Tel. 01924 455968)

CHANGING FACILITIES – SHOWERS - REFRESHMENTS

Course records - Men 1:13:44 (Chris Woodhouse 1983) Women 1:23:50 (Veronique Marot 1987)

*Extensive **PRIZE LIST**, including memento to all finishers*

1st Man £75, 1st Woman £50. Additional £50 for breaking the course record (male and female)

MEN - 1st 10, 1st team, 1st 2 vets in each category O/40 to O/65, 1st vet O/70, 1st vets team.

WOMEN - 1st 5, 1st team, 1st vet in each category O/35 to O/65, 1st vets team. All teams 3 to count.

Yorkshire Championship medals - 1st 3 men & women. 1st team

Yorkshire Veterans Championship - Men 1st 3 O/40 to O/50, 1st 2 O/55 and O/60, 1st O/65 and O/70
- Ladies 1st 2 O/35 to O/45, 1st O/50 to O/65

Entries to : Tony Crowther, 22 Hollybank Avenue, Upper Cumberworth, Huddersfield, HD8 8NY
Telephone enquiries 01484 606200

Online entries : www.runnersworld.co.uk

Closing date : Saturday 22nd OCTOBER 2005

Entry fee : Club members £7.00 Unattached £9.00 (entry on the day £1 extra)

Cheques payable to HOLMFIRTH HARRIERS AC

Late entries accepted and qualify for prizes (except County and Veterans Championship).

One prize per person. Note: Teams in open race can contain veteran runners. These same vets cannot also take a team prize in the veterans class.

Entry forms and information available at www.ukresults.net or www.holmfirthharriers.com

CUT HERE -----

ENCLOSE 9"X 6" S.A.E. FOR NUMBER, INFO & DIRECTIONS (No S.A.E. will assume collect on day)

Minimum age for entry Male and Female is 17 years

YOU MUST TICK THE APPROPRIATE BOXES TO QUALIFY FOR THE CHAMPIONSHIPS

YORKSHIRE COUNTY CHAMPIONSHIP

YORKSHIRE VETERANS CHAMPIONSHIP

Entries for Veterans Championship are restricted to Yorkshire Veterans AA affiliated clubs and members.

Mens 15M Mens Vet 40+ 45+ 50+ 55+ 60+ 65+ 70+

Ladies 15M Ladies Vet 35+ 40+ 45+ 50+ 55+ 60+ 65+

BLOCK CAPITALS PLEASE.

FIRST NAME			
SURNAME	Age on day		
ADDRESS			
POSTCODE	Contact tel.		
AFFILIATED CLUB	Club/NoEAA no.		
Fee enclosed (tick)	Affiliated (£7)	Unattached (£9)	Email

DECLARATION I hereby declare that I am an amateur as defined by BAF Rules. I am medically fit to run and understand that the Organisers will in no way be responsible for any injury or illness to my person during or as a result of the event, or for any property lost on the course.

Signed.....

Date.....

from ukresults.net