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Pack Runs

January - Shoulder of Mutton,
Mythomlroyd

February -Rake Inn,
Littleborough
(At bottom of Blackstone Edge
Old Rd)

March- Queen , Cliviger
7pm start

Wear something bright and be

Whats On Jan & Feb

Sat Jan 22nd X-country Kendal

Sun Jan 23rd Stanbury Splash

11.30 am 7m/1200ft Penistone Hill

Sun Jan 30th "Guess your time",
Sportsmans at Keba (see

below)

Mon Feb 7th Committee Meeting, Staff
of Life

Sat Feb 5th Ogden Moors

11.30 am 6m/700ft Ogden Reservoir

Sun Feb 6th Pennine Bridleway Relay
(see below)



Mid-Lancs Cross-Country League

Remaining races

Kendal 22/1/05

Wilson Playing Fields, Hyndburn 12/2/05

Fitz Park, Keswick (new venue) 12/3/05

Races are all in the afternoons

Sen, vet women 14:00 6km

Sen, vet men 14:30 9-11km

Contributions to the Newsletter
gratefully received. Send to Mandy,
Claire or Andrew Bibby.



Marshals wanted for the Noon Stone Fell Race

Sat 26th February 12.00 noon
from the Top Brink Inn, Lumbutts

If you are available to help then please contact
Andrew Horsfall on 01706 818623

Pennine Bridleway Relay Sunday Feb 6th

We have entered four teams of 10. The team
captains are as follows:

A-team	Andrew Horsfall 01706 818623
Vets	Phil Hodgson 01422 844936
Ladies	Mandy Goth 01422 844936
Allstars	To be arranged contact Phil or Mandy

If you want to run please make it known to one of
the captains. Places will be allocated on a fastest
first basis.

Further information is on the website
penninebridlewayrelay.co.uk

Guess your time

Sun 30th Jan

Sportsman's at Keba's

Start times between 10.30
and 11 am

Course length approx 4-
5 miles

Winner is the person who most
accurately guesses their time.

All Entrants must bring an
unwanted Xmas present

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VERY IMPORTANT

A LOT OF RACES ARE PRE-ENTRY AND IT ESSENTIAL YOU ENTER THEM EARLY. WE WILL TRY & PROVIDE AS MUCH INFORMATION AND WARNING IN THE TORRIER AS POSSIBLE—PLEASE READ IT

WANTED

CAPTAINS FOR FELL & ROAD

THE MAIN AIM IS TO ENCOURAGE THE A-TEAM AND AS MANY OTHER RUNNERS AS POSSIBLE TO TURN OUT FOR RACES on both the road and fell.

ENTHUSIASM BREEDS ENTHUSIASM

At recent races other runners have been commenting on how well Todmorden is doing.

Secondly to keep the club informed via the newsletter on how we are doing in different categories.

THANKS

Hot Toddy

Many thanks to Peter Ehrhardt once again for another successful Hot todody.

This year raising £640.00

Thanks also to all those members who turned out to help without whom the race would not be possible.

Mini Moorland Marathon

An excellent turnout for the 10th one day orienteering event.

Many thanks to Dave & helpers for organising such a challenging event.

Report & results elsewhere in this newsletter.

I don't ever want to see another tussock!!

New Members

We would like to welcome the following new members

Dave & Janet Makin

Mick Reith

Myra Wells

Jackie O'Neill

Caite Horsfall

Speed Work

Tues 18th Jan Walsden Cricket Club

Tues 25th Jan Speed work with Rossendale harriers
Meet at Bramsche Square at 6.30pm

Tues 1st Feb Lob Mill

Tues 8th Feb Hebden Bridge Station

Meet at 7pm except on the 25th

Contact me if you've any questions 01422 844936

English Championship Teams

In the English championships the number required for a team is as follows:

Open (ie all ages) 5 to count

V40 4 to count

V50 3 to count

Ladies 3 to count

Points are awarded for the first 10 teams

All English Championship races except Wasdale are included in the Todmorden Harriers Championship.

Wasdale details are as follows:

AL 21m/9000ft from Brackenclose, Wasdale
Sat Jul 9th 11.00 am

Further information on the website
cfra.co.uk